

**TESTIMONY:** Thank you Gladys for the testimony and best wishes to all PVEA members.

"I was initially introduced to "Reflections Peter Vigne today" by our dear Sister Ana Maria in 2017. It is a very influential reading for me because it has allowed me to **deepen my understanding of the sacramental charism, thanks to the messages of Blessed Peter Vigne and the inspirations I receive from our group sharing.**

"Reflections" has guided me toward a fruitful prayer life, I use it for my daily prayers and during my times of adoration, both personally and with the parish community. As coordinator of the "Peter Vigne Eucharistic Associates" it is also a great help to me in preparing our monthly meetings and in carrying out all our work as Associates. The texts, prayers, and testimonies of others enrich my personal life and my Christian and missionary journey. Savouring these readings and reflections, I feel closer to Jesus, Father Vigne, and our dear Sisters, which greatly helps me to be **more missionary, following the example of Father Peter Vigne** and the Sisters who worked in this parish.. Gladys Oliveira - PVEA- Paróquia Nossa Senhora da Saúde, Cipó – Bahia. BRÉSIL

### EPIPHANY 6 January.

A message to welcome and live by ...at least during January!

The Magi were men with restless hearts, not satisfied with the superficial and the ordinary. They were men in search of the promise, in search of God. And they were watchful men, capable of reading God's signs, his soft and penetrating language. But they were also courageous, yet humble: we can imagine them having to endure a certain amount of mockery for setting off to find the King of the Jews, at the cost of so much effort. For them it mattered little what this or that person, what even influential and clever people thought and said about them. For them it was a question of truth itself, not human opinion. Hence they took upon themselves the sacrifices and the effort of a long and uncertain journey. Their humble courage was what enabled them to bend down before the child of poor people and to recognise in him the promised King, the one they had set out, on both their outward and their inward journey, to seek and to know.

Benedict XVI 06-01-2012

### KEY DATES.



**8 January:** Temporary Vows of Sr Mariana da Crux in Salvador Bahia Brazil. Let us give thanks to the Lord with her and the Sisters who will celebrate their Jubilees, 25 and 60 years of fidelity to their Sacramentine consecration.

**2 February:** Presentation of Jesus in the Temple.

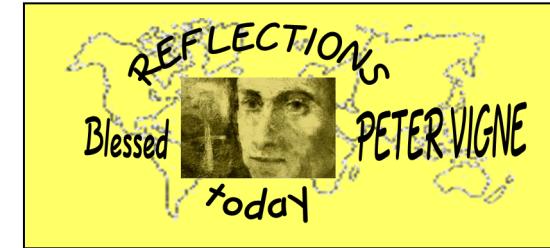
Day of Prayer for Consecrated Life.

**18 February:** Ash Wednesday.

This marks the beginning of our Lenten Journey which certainly calls us to continue on a path of Peace, as Peter Vigne recommends. It is a "work" we can all undertake wherever we are! .....



Nº 01-02. 2026



The New Year 2026 has arrived. It's good to send New Year blessings of peace and good will to all, family, friends and the entire world which so desperately needs them. This is the mission of each and every one of us throughout the year. Peter Vigne reminds us that the essential goodwill gesture is **peace**, peace in our hearts, peace with one another and peace for a world that is experiencing so much conflict, violence and unrest.

**2026...be at PEACE**



**"Let your aim always be peace and strength.**

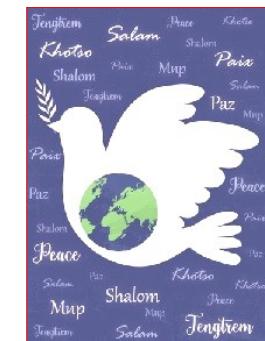
These are attained by prayerful reflection on; **how to live at peace with God** by distancing oneself from everything that hinders uprightness of heart;

**to live at peace with oneself**, by destroying within us all irrational evil inclinations that cause us to lose Heaven. When we indulge in them we allow them to control us showing how foolish and unreasonable we are.

**to live at peace with our neighbour**, because Saint Paul reminds us that the entire law is fulfilled in keeping this one command "love your neighbour as yourself". We must do all we can to please our neighbour **for the sake of God**.

Furthermore, we must make every effort to obtain from his mercy the strength to resist the dark power of Evil which is active at all times especially when our defences are down".

HN 1. 67-68.



*Peter Vigne*

At the start of this year, many wishes emphasise the need for PEACE. "I wish you a happy new year and peace throughout the world." It is indeed necessary, even urgent, especially when we hear the word "war" or the threat of war being frequently bandied about. We sometimes see its military hardware being paraded as a show of power and strength. But Peter Vigne gives us a very clear objective for 2026: "...to strive to acquire peace and strength."

For the next 365 days work faithfully at it, treating every day as an opportunity to start again, and still again and still once again!

It takes strength, inner strength, to truly achieve that. You might be tempted to blame "the other" for preventing you from living in peace, and sometimes that's true. If so,

Peter Vigne suggests three ways to guard and direct your heart:

**"LIVE AT PEACE WITH GOD,..."** pray the "Our Father"...put your trust in Him...

Go to Jesus, the Child of Bethlehem, and listen to the Angels sing "Peace on earth."

**"LIVE AT PEACE WITH ONESELF,..."** Fight within you all that is "more foolish than reasonable," as Peter Vigne says, and then you will know well who or what is in control of your life!

**"LIVE AT PEACE WITH YOUR NEIGHBOUR,"** which is no small feat, day after day! And here you will need to draw from the heart of God all the love and patience you need!

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### PRAY WITH PETER VIGNE

O Sweet Jesus,  
you have always glorified your Father,  
by doing his Holy Will.  
in all things and at all times.

**Grant Lord we pray, that by  
imitating you  
we may enjoy the PEACE  
you came to bring to earth.**  
Obtain for us from your Father  
all we need to strengthen that

Peace in us.

Reign in us, live in us,  
because you are our true Life.

H.N. 117-129

# Peace



B.R.

While a distorted economy leads us to treat human beings as mere merchandise, God becomes like us, revealing the infinite dignity of every person. While humanity seeks to become "god" in order to dominate others, God chooses to become man in order to free us from every form of slavery. **Will this love be enough to change our history?**

Leo XIV. 24-12-2025

## PEACE and EUCHARIST

"God seeks persons who can be vessels and heralds of his peace. Let us pray that he will not find our hearts closed. Let us strive to be active heralds of his peace – in the world of today.

Among Christians, the word "peace" has taken on a very particular meaning: it has become a word to designate **communion in the Eucharist**. There Christ's peace is present. In all the places where the Eucharist is celebrated, a great network of peace spreads through the world. The communities gathered around the Eucharist make up a kingdom of peace as wide as the world itself. **When we celebrate the Eucharist we find ourselves in Bethlehem, in the "house of bread".** Christ gives himself to us and, in doing so, gives us his peace. He gives it to us so that we can carry the light of peace within and give it to others. He gives it to us so that we can become peacemakers and builders of peace in the world."

Benedict XVI 24-12-2005

**And YOU ??? live this year 2026 « in peace », how? As Peter Vigne tells us: « pray, love, and carry within you the light of peace ». With him: HAPPY NEW YEAR !**



## CLEAR THE WAY FOR PEACE

*"Sufficient unto the day is the evil thereof; we must do what we have to do and guard against being contaminated by a thousand little anxieties, each a sign of defiance toward God. With God's help, everything will turn out all right in the end. Ultimately, we have just one moral duty: to reclaim large areas of peace in ourselves, more and more peace, and to reflect it toward others.*

*And the more peace there is in us, the more peace there will also be in our troubled world".* Etti Hillesum, died in Auschwitz concentration camp in 1943

## SMALL LIGHTS

United to Jesus, and in Him, your small lights become like the outline of a luminous path in the great plan of peace and salvation that God has for humanity. Therefore, I address to you, sons and daughters of Founders, a warm exhortation to "return to the heart," as the place where you can rediscover the spark that animated the beginnings of your history, when a specific mission was entrusted to those who came before you—a mission that is not yet finished and that is entrusted to you today.

Leo XIV. 10-10-2025

Jubilee of Consecrated Life