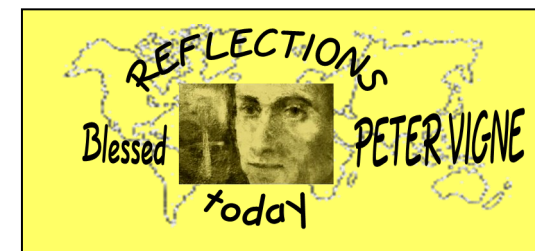
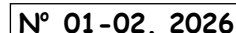


“Reflections” has guided me toward a fruitful prayer life, I use it for my daily prayers and during my times of adoration, both personally and with the parish community. As coordinator of the “Peter Vigne Eucharistic Associates” it is also a great help to me in preparing our monthly meetings and in carrying out all our work as Associates. The texts, prayers, and testimonies of others enrich my personal life and my Christian and missionary journey. Savouring these readings and reflections, I feel closer to Jesus, Father Vigne, and our dear Sisters, which greatly helps me to be **more missionary, following the example of Father Peter Vigne** and the Sisters who worked in this parish.. Gladys Oliveira - PVEA- Paróquia Nossa Senhora da Saúde, Cipó – Bahia. BRÉSIL



*The New Year 2026 has arrived. It's good to send New Year blessings of peace and good will to all, family, friends and the entire world which so desperately needs them. This is the mission of each and every one of us throughout the year. Peter Vigne reminds us that the essential goodwill gesture is **peace**, peace in our hearts, peace with one another and peace for a world that is experiencing so much conflict, violence and unrest.*

2026...be at PEACE



Benedict XVI 06-01-2012

This marks the beginning of our Lenten Journey which certainly calls us to continue on a path of Peace, as Peter Vigne recommends. It is a “work” we can all undertake wherever we are!

BLESSED SACRAMENT CONVENT
Upper Beeding STEYNING West Sussex BN44 3TF
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*Furthermore, we must make every effort **to obtain from his mercy the strength** to resist the dark power of Evil which is active at all times especially when our defences are down”.*

HN 1. 67-68.



Vigne pour la mission

At the start of this year, many wishes emphasise the need for PEACE. *"I wish you a happy new year and peace throughout the world."* It is indeed necessary, even urgent, especially when we hear the word "war" or the threat of war being frequently bandied about. We sometimes see its military hardware being paraded as a show of power and strength. But Peter Vigne gives us a very clear objective for 2026: **"...to strive to acquire peace and strength."**

For the next 365 days work faithfully at it, treating every day as an opportunity to start again, and still again and still once again!

It takes strength, inner strength, to truly achieve that. You might be tempted to blame "the other" for preventing you from living in peace, and sometimes that's true. If so,

Peter Vigne suggests three ways to guard and direct your heart:

"LIVE AT PEACE WITH GOD,..." pray the *"Our Father"*...put your trust in Him...

Go to Jesus, the Child of Bethlehem, and listen to the Angels sing *"Peace on earth."*

"LIVE AT PEACE WITH ONESELF,..." Fight within you all that is "more foolish than reasonable," as Peter Vigne says, and then you

will know well who or what is in control of your life!

"LIVE AT PEACE WITH YOUR NEIGHBOUR," which is no small feat, day after day! And here you will need to draw from the heart of God all the love and patience you need!

*****-----*****-----*****

B.R.

PRAY WITH PETER VIGNE

O Sweet Jesus,
you have always glorified your Father,
by doing his Holy Will.
in all things and at all times.

**Grant Lord we pray, that by
imitating you**

we may enjoy the PEACE
you came to bring to earth.

Obtain for us from your Father
all we need to strengthen that

Peace in us.

Reign in us, live in us,
because you are our true Life.

H.N. 117-129

While a distorted economy leads us to treat human beings as mere merchandise, God becomes like us, revealing the infinite dignity of every person. While humanity seeks to become "god" in order to dominate others, God chooses to become man in order to free us from every form of slavery. **Will this love be enough to change our history?**

Leo X1V. 24-12-2025

PEACE and EUCHARIST

"God seeks persons who can be vessels and heralds of his peace. Let us pray that he will not find our hearts closed. Let us strive to be active heralds of his peace – in the world of today.

Among Christians, the word **"peace"** has taken on a very particular meaning: it has become a word to designate **communion in the Eucharist**. There Christ's peace is present. In all the places where the Eucharist is celebrated, a great network of peace spreads through the world. The communities gathered around the Eucharist make up a kingdom of peace as wide as the world itself. **When we celebrate the Eucharist we find ourselves in Bethlehem, in the "house of bread"**. Christ gives himself to us and, in doing so, gives us his peace. He gives it to us so that we can carry the light of peace within and give it to others. He gives it to us so that we can become peacemakers and builders of peace in the world."

Benedict XVI 24-12-2005



And YOU ??? live this year 2026 « in peace », how?
As Peter Vigne tells us: « pray, love, and carry within you the light of peace ». **With him: HAPPY NEW YEAR !**

CLEAR THE WAY FOR PEACE

"Sufficient unto the day is the evil thereof; we must do what we have to do and guard against being contaminated by a thousand little anxieties, each a sign of defiance toward God. With God's help, everything will turn out all right in the end. Ultimately, we have just one moral duty: to reclaim large areas of peace in ourselves, more and more peace, and to reflect it toward others. And the more peace there is in us, the more peace there will also be in our troubled world". Etti Hillesum, died in Auschwitz concentration camp in 1943

SMALL LIGHTS

United to Jesus, and in Him, your small lights become like the outline of a luminous path in the great plan of peace and salvation that God has for humanity. Therefore, I address to you, sons and daughters of Founders, a warm exhortation to "return to the heart," as the place where you can rediscover the spark that animated the beginnings of your history, **when a specific mission was entrusted to those who came before you—a mission that is not yet finished and that is entrusted to you today.**

Leo X1V. 10-10-2025

Jubilee of Consecrated Life