

NEWS:

On May 16, 2026, in Salvador, Bahia, BRA-

ZIL,

Sister Flavia da Silva Ribeiro will pronounce her **Perpetual Vows** in

our

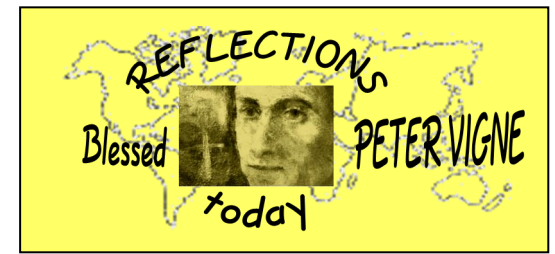
Congregation of the Blessed Sacrament. We invite you to give thanks to the Lord with her...

Let us also ask for her the grace of authentic and unwavering fidelity to the Lord.

May Bl. Peter Vigne accompany her in the sacramentine mission entrusted to her.



Nº 05-06. 2026



alza la mirada (Jn 4:35)

Visit of Pope Leo XIV to SPAIN

Our Sisters in Spain are delighted to entrust to your prayers the Pope's apostolic visit from June 6th to 12th. There will be three main stops: Madrid, Barcelona and the Canary islands. This is represented by the logo.



FEASTS to CELEBRATE

MAY 8: O.L. of the Blessed Sacrament

17: The ASCENSION

24; PENTECOST. We welcome the gift of the Holy Spirit..

31; THE BLESSED TRINITY. Mystery of the Love of God the Father, Son and Holy Spirit.

June

4 or 7: A feast that calls us all to **ADORATION:** of the **BLESSED SACRAMENT** of Jesus truly present in the Eucharist... To manifest his Presence in our midst, Jesus chose this sign of the constant gift of his Love. This gift should awaken in us a response, a presence to his Presence!

12: **O Sacred Heart of Jesus, I adore You as my treasure, and the source of all goodness"**

29: Saint Peter and Saint Paul

O Most Sacred,
and most loving Heart of Jesus,
you are hidden in the Holy Eucharist and
you beat for us still. [...]
I adore you with love and awe,
with fervent affection
and a docile, unwavering will.
O my God.....make my heart
beat with your Heart.
Purify it...Fill it with your presence,
so that neither the events of the day,
nor present circumstances,
may have the power to trouble it;
but that, in your love
and in your awesome Presence
my heart may find peace."
St. J.H. Newman

"Peter Vigne like St. Paul was a sower of words, a tireless sower of the Gospel message, and of the knowledge and love of God." Felix Vernet 1894

BLESSED SACRAMENT CONVENT

Upper Beeding STEYNING West Sussex BN44 3TF
New Road TULLAMORE Co Offaly R35 N528

The beautiful months of May and June have arrived. In May, we contemplate Mary who accompanies us as we celebrate the great feasts of the Ascension, Pentecost, and the Holy Trinity.

In June, we celebrate Corpus Christi-the Blessed Sacrament, and the feast of the Sacred Heart. This is a call to live more fully our faith in the Risen Jesus who is always with us.

Peter Vigne reminds us that we must remain close to the Source...and be watchful.

CLOSE TO THE SOURCE

"The practice of Meditation brings abundant blessings.

Whenever we meditate on the Word of God, we remain close to the Source of the water that saves us, that renews and revives the soul to everlasting life. The one who draws close to God in prayer, anchors the soul in God, like a hose connected to a constant source of water it remains firmly attached to Him!

It is then that he receives divine graces and Living Water in abundance.

David, the Psalmist compares him to a tree that is planted by streams of water.

If meditation is like a fountain that provides the water necessary for the soul—and by that I mean divine grace – then do not be surprised that the devil will do whatever it takes to dry up that source and distance you from it. He

will suggest that instead of meditating, instead of praying, it would be better to read, or recite prayers, or at least get involved in some physical work to avoid being idle!

He, the deceiver, knows full well that we are saved with assurance, if we persist in prayer, attentively every day of our lives"



HN 1 60-61

Vigne m. V. C. missionnaire.

May 24

PENTECOST

Lord, send us your Spirit. Let us taste and receive the Living Water, the "Source" that never runs dry, as you once revealed to the Samaritan woman. Guide us to the "fountain that provides the water that is necessary for the life of the soul".

Fill us with the Living Water that springs up from the fountain of your Heart...Reveal to us the real thirst our hearts long for, we who are so often overwhelmed and pulled about by the storms of events, anxieties and uncertainties that cloud our personal horizons, threaten the future of families and societies on every Continent. Give us Lord Jesus the Water from your Source. Help us to draw from it, by **persistent and attentive prayer every day of our lives.**

Give us your Spirit so that what is best will take root and spring up in us, the seedz sown in our hearts at the moment of our baptism. Give us your Spirit so that we may recognise you on our roads to Emmaus, in your Eucharistic Presence.....B.R.



MAY 8: MARY...JUNE 4, 7: CORPUS CHRISTI

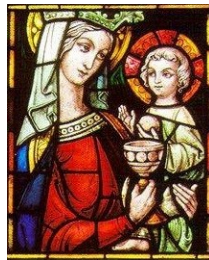
On May 8th we celebrate the feast of Our lady of the Blessed Sacrament. Bl. Peter Vigne never addressed Mary as Our Lady of the Blessed Sacrament but he clearly did unite her to the Eucharist: "She desires that the One she loves with all her strength be adored, loved and served at all times and forever".

In his encyclical Ecclesia de Eucharistia, Saint John Paul 11 tells us how much **Mary helps us to live the Eucharist, to contemplate and adore Jesus in the Blessed Sacrament**, which we will solemnly celebrate on the Feast of Corpus Christi.

"If we wish to rediscover in all its richness the profound relationship between the Church and the Eucharist, we cannot neglect Mary, Mother and model of the Church..."

Mary is a "woman of the Eucharist" in her whole life. The Church, which looks to Mary as a model, is also called to imitate her in her relationship with this most holy mystery...There is a profound analogy between the **Fiat** which Mary said in reply to the angel, and the **Amen** which every believer says when receiving the body of the Lord. **And is not the enraptured gaze of Mary as she contemplated the face of the new born Christ and cradled him in her arms that unparalleled model of love which should inspire us every time we receive Eucharistic communion?"**

Dear Readers, may these feasts of May and June deepen your Faith and bring you lasting Joy.



PETER VIGNE and the SACRED HEART

At the Mother House museum in Valence, France, there is an image displayed in a glass cabinet with the title, "A devout prayer to the Sacred Heart of Jesus". According to tradition, Peter Vigne always kept it in his room which shows how much he valued it. This devotional image was printed in Lyon in 1721. The Archbishop of Lyon at that time was François Paul de Neufville de Villeroy. Undoubtedly influenced by the apparitions to Saint Margaret Mary Alacoque, he instituted the Feast of the Sacred Heart in his diocese on December 3, 1718. Certain indulgences were attached to the prayer mentioned. Peter Vigne did not ignore that and was very much "au fait" with religious issues in the diocese of Lyon. Indeed, since 1713, he had travelled to Lyon several times a year to purchase vestments and liturgical objects for his fellow priests, to meet with religious communities, and with the printers and bookbinders of his books. Knowing how much he loved the Sacred Heart he may have been given this picture or even purchased it himself.

His book, Heures Nouvelles (New Hours), first published in 1723, reveals the source of his deep love of Christ, contemplating Him on the Cross: "It wasn't the nails that held Jesus on the Cross but the tender love of his Heart!", and present in the Eucharist: "Our greatest treasure is **Jesus in the Blessed Sacrament**, and that which is most precious in him is his **Sacred Heart**". From there springs this cry of heartfelt prayer: "O Sacred Heart of Jesus, I adore You as my treasure, and the source of all goodness" His life is truly Christ centred, Jesus is the "heart" of his human life and his spiritual life! Writing later in 1737 he reminds us that this love must be fruitful and transmitted in our service of others, as he himself demonstrated during forty years of missionary life. "The love we have for God leads us to make Him known and loved by others".

Sacred Heart of Jesus...
I consecrate to you
my person and my entire life,
my thoughts and deeds,
my works and sufferings.
Since you desire to be with me
and make me your own,
I take you,
O Sacred Heart of Jesus,
as my Rule of life,
my sole Treasure,
my refuge in the hour of death,
and my pledge of eternal Happiness.
Amen.



12 June Feast of the Sacred Heart

Each one must carry out their mission in his or her own way and you will come to see how you can be a missionary. Jesus deserves no less. If you accept the challenge, he will enlighten you, accompany you and strengthen you, and you will have an enriching experience that will bring you much happiness. It is not important whether you see immediate results; leave that to the Lord who works in the secret of our hearts. **Keep experiencing the joy born of our efforts to share the love of Christ with others.**

Pope Francis Dilexit nos 216